



**The John McGivney Children's  
Centre Presents**

# **Summer Recreation Program Guide**

**May - August  
2019**

**Helping Abilities Grow**

# Join the fun

Therapeutic recreation enhances quality of life through the activities you love. At JMCC, our recreation therapist works closely with kids, youth, and families to educate and support in essential recreation participation. Goals are discussed between your family and your JMCC team to guarantee success in suitable programs.

If you're not sure what program would be best suited for your child, contact our recreation therapist or another member of your child's therapist who are happy to further assist you with any questions or concerns and connect you and your child with the program that is right for you!

## Benefits of Recreational Therapy

- Improves social and communication skills
- Improves physical and cognitive abilities
- Increases confidence and self-esteem
- Encourages a greater sense of accomplishment

## Registration

For registration, more information, or any questions, please feel welcomed to contact Mallory Reiner, Recreation Therapist, by phone or by email.

P: (519) 252-7281 ext. 523

E: [Mallory.reiner@jmccentre.ca](mailto:Mallory.reiner@jmccentre.ca)

**\*Note: Program costs help us cover the expenses related to our recreation programs, however if you require assistance with fees please contact Mallory Reiner.\***

## ~Art Splash~

**Description:** Join us at Art Splash to get creative and explore different styles of arts and crafts. This four-week program allows our JMCC artists to work on making two separate pieces of art that they can take home. This unique program is designed by art professionals and modified by your JMCC team to suit every participant's abilities.

**Criteria:** Interested in different forms of art

**Age:** 5 – 14 years

**Where:** Art Splash

**When:** Thursdays: May 2 - 23

**Time:** 4:30 – 5:30 p.m

**Cost:** \$50

**Registration Due Date:** April 27, 2019



## ~Girls Just Wanna Have Fun~

**Description:** Get together with cool, fun, like-minded girls to socialize, meet new friends and of course, have FUN! Partnered with social work, participants will be in a safe environment to comfortably talk about what it's like being a teenage girl.

**Criteria:** No parents or boys, girls only!

**Age:** 13 – 19

**Where:** JMCC

**When:** Mondays: May 6 – May 27

**Time:** 5:00 – 6:00 p.m

**Cost:** \$10

**Registration Due Date:** April 27, 2019



## ~Moms & Tots Swim Club~

**Description:** Come out to the Vollmer Complex and spend quality time with your child while you both have fun, learn, and socialize. Through structured in-water interaction between parent and child, instructors stress the importance of play in developing water-positive attitudes and skills.

**Criteria:** Toddler is able to attend program with parent or caregiver.

**Age:** 1-4

**Where:** Vollmer Complex (2121 Laurier Pkwy, Windsor, ON)

**When:** Tuesdays: May 7 – June 25

**Time:** 10:00 – 11:00 a.m

**Cost:** \$50.00



## ~Swing into Golf~

**Description:** The golf pros at Sutton Creek want you on their course! With the expert knowledge from the Sutton Creek team, their newly purchased program: Operation 36 and the support from your JMCC team, participants will learn the basic skills of golf and feel confident in their game by the end of the program. Golf equipment provided!

**Criteria:** Interest in learning about golf. Able to follow two-step instruction

**Age:** 7 – 19

**Where:** Sutton Creek Golf Club

**When:** Mondays: July 8 – August 26

**Time:** 10:00 – 10:45 a.m

**Cost:** \$70

**Registration Due Date:** July 1, 2019



## ~Dance~

**Description:** Together with Nancy Pattison's Dance World, our JMCC staff will collaborate with trained instructors of the Rhythm Work and Integrative Dance Program to ensure children of all abilities have fun performing a safe and exciting routine. Participants will be dancing like pros after this modified dance program!

**Criteria:** Willing to participate in a group activity. Able to follow 2 step instructions.

**Age:** 5 – 15

**Where:** Nancy Pattison School of Dance

**When:** Tuesdays: June 4 – August 27

**Time:** 4:30 – 5:15 p.m Time may change for summer

**Cost:** \$100.00

**Registration Due Date:** May 31, 2019



## ~Track and Field~

**Description:** Training to participate for your schools track and field team? Need some extra practice time? Interested in learning the different events of track and field? This club is for you! Participants will explore different track and field events with our Recreation Therapist and find an event where individual abilities shine.

**Criteria:** Interest in learning about different track and field events. Able to follow direction with minimal redirection.

**Age:** 10 – 16

**Where:** TBD

**When:** Mondays: June 3 – June 24

**Time:** 5:00 – 5:45

**Cost:** \$10.00

**Registration Due Date:** May 31, 2019



## ~Swim Club~

**Description:** Join us at the Essex Recreation Complex for swimming fun! Once swimmers pass the basic swim test, they will have access to the Tarzan swing, slide, and more. What better way to meet new friends than swimming in the summer.

**Criteria:** Able to follow instruction with minimal redirection. Required to pass Essex Aquatics swim proficiency test.

**Age:** 7 – 15

**Where:** Essex Recreation Complex

**When:** Mondays: July 8 - August 26

**Time:** 2:30 – 3:30 p.m

**Cost:** \$24.00

**Registration Due Date:** June 28, 2019



## ~Explore Nature~

**Description:** Nature Bingo, Nature Walks, blowing bubbles, catching bugs, Nature Yoga, and so much more! There are so many great activities that can be played outside, by the end of this program the nature explorers will be off the couch and out the door. Join us for some outdoor fun and explore nature without barriers!

**Criteria:** Interest in exploring nature.

**Age:** 6 - 18

**Where:** JMCC and Malden Park

**When:** Thursdays July 11 – August 15

**Time:** 1:00 – 2:00 p.m

**Cost:** FREE

**Registration Due Date:** Monday July 8, 2019



## ~Photography Club~

**Description:** Explore your artistic side and express yourself through Photography! Participants will learn about the basics of photography using a hands-on approach and will have the opportunity to showcase their work to friends and family at the end of the program.

**Criteria:** Interest in learning about photography

**Age:** 14 – 18 years

**Where:** JMCC

**When:** June 5, 12, 19, 26

**Time:** 5 to 6 p.m

**Cost:** \$20.00

**Registration Due Date:** June 3, 2019



## ~Mad Science~

**Description:** JMCC is excited to announce the partnership with Mad Science of Windsor! The Mad Science team has spectacular demonstrations and hands-on activities to make learning about science fun for kids! Children are encouraged to give science a try and build their very own model rockets, periscopes, Mad Science putty, and more. Children even get to take home their science experiment to show mom and dad!

**Criteria:** Interest in learning about cool science experiments.

**Age:** 10 – 16

**Where:** JMCC

**When:** Wednesdays: July 24,31, August 7,14

**Time:** 1:00 pm – 2:00 p.m

**Cost:** \$32.00

**Registration Due Date:** July 15, 2019



## ~Drama Camp~

**Description:** This new and exciting day camp is going to show you the ins and outs, the back stage and the front stage of putting on a drama production. Partnering with the professionals of the Drama department at the University, campers will use expressive and performing arts to build social skills, increase self-esteem and communication through music, movement, and drama. This camp has something for everyone! Stay tuned as we finalize details and feel welcome to contact our recreation therapist for more information.

**Age:** 7 - 15

**Where:** The University of Windsor

**When:** Mid August

**Time:** TBD

**Cost:** TBD

**Registration Due Date:** TBD





(519) 252-7281

3945 Matchette Road,

Windsor, Ontario

N9C 4C2

Hours: Monday – Friday

8 a.m. – 5 p.m.