



“Count,
Us In”

**Down Syndrome
Ontario Conference 2022**
Niagara Falls, October 15th, 2022

Conference Location

The location of the conference is the [Great Wolf Lodge in Niagara Falls](#)
It is located at [3950 Victoria Avenue, Niagara Falls, Ontario](#)
Their phone number is [1-888-878-1818](#)
More information on the Great Wolf Lodge can be found at [www.gwl.com](#)

The code to register for the conference is [2210BACKAGAIN](#)

The cost for a Family Suite on Friday night is \$219.99 plus HST and a Family Suite on Saturday night is \$249.99 plus HST. Other rooms are also available at a reduced rate but are limited.

Great Wolf Lodge,
3950 Victoria Avenue,
Niagara Falls, Ontario
1-888-878-1818
[www.gwl.com](#)

Dr. Brian Chicoine

“Promoting mental wellness is an integral part of overall health and well-being.”

Dr. Chicoine will discuss the interaction of physical, mental, and social health. He will discuss common characteristics of individuals with Down syndrome that are important to understand when supporting their mental health promotion efforts. He will also share practical strategies to promote mental wellness.

In a second workshop, Dr. Chicoine will present “Mental Illness in Individuals with Down Syndrome”

Some mental health conditions are more common in people with Down syndrome compared to people without Down syndrome. Dr. Chicoine will explain the diagnosis and treatment of mental health conditions in people with Down syndrome. He will also provide case examples of some of the mental health challenges that people with Down syndrome may experience and how those challenges can be addressed.

Brian Chicoine, M.D. is the co-founder and Medical Director of the Advocate Medical Group Adult Down Syndrome Center in Park Ridge, Illinois. The Center has served over 6000 adolescents and adults with Down syndrome since its inception in 1992. Dr. Chicoine graduated from Loyola University of Chicago Stritch School of Medicine. He completed his Family Medicine residency at Lutheran General Hospital where he is now a faculty member. He has published many articles regarding health of people with Down syndrome. He has co-authored two books “Mental Wellness of Adults with Down Syndrome,” and “The Guide to Good Health for Teens and Adults with Down Syndrome”.



Dr. Rudaina Banihani

“Down Syndrome and Autism: Dual Diagnosis”

This session will focus on the early identification and support of individuals with Down syndrome and Autism Spectrum Disorder (DS-ASD). Traditionally, a Down syndrome (DS) diagnosis was thought to preclude an individual from having Autism Spectrum Disorder (ASD). However, a growing body of research indicates the prevalence rates of ASD are likely higher in individuals with DS than in the general population. In this session, Dr. Banihani will discuss the presentation of ASD in children with DS. When to screen for ASD and what to do if you think your child has ASD features and/or flags.

In a second workshop, Dr. Banihani will be discussing the American Academy of Pediatrics new release on April 18th, 2022: Clinical Report Updates Recommendations For The Care Of Children With Down Syndrome, which is targeted to primary care providers who take care of children with DS. Also she will be providing the family version of this, which was released in May 2022.

Rudaina Banihani, MD, Med

Dr. Banihani is an Assistant Professor in the Department of Pediatrics in the Faculty of Medicine at the University of Toronto, Staff Neonatologist and a developmental Pediatrician in the Department of Newborn & Developmental Pediatrics at Sunnybrook Health Science Centre, providing clinical care in the NICU and Neonatal Follow-up clinic.

She was one of the physicians who did the needs assessment and started the Down Syndrome Clinic at the Hospital for Sick Kids in 2014. She was the developmental Pediatrician in the DS Clinic till Jan 2018.

Dr. Banihani is an active member of the United States Down Syndrome Medical Interest Group (DSMIG). She is one of the leads in the Down Syndrome – Autism spectrum disorder (DS-ASD) subgroup in (DSMIG), which is working on creating awareness and guidance regarding ASD presentation in the DS population. She has had a long-standing interest clinically and academically in understanding, evaluating, and optimizing developmental outcomes of premature infants and children with brain injuries, brain malformations, and genetic syndromes identified in the neonatal period. In addition, Dr. Banihani’s work focuses on Autism presentation in special populations like former preterm children and children with Down syndrome and other genetic disorders.



“Count Us In” Registration Form

October 15th, 2022

Conference Fee: (Saturday Breakfast & Lunch & Sunday Breakfast all included) - \$100.00 for first parent and \$75.00 for second parent.

Please use a single form for each adult. Photocopy as required. Please print.

Personal Information

Name _____

Address _____

Phone _____ Email _____

Additional meals for other family members not registering for the conference can be purchased at the various food locations on-site. There is a refrigerator and microwave in each family suite.

The conference food package (2 breakfasts & lunch in the Antler Shanty) are also available for purchase for \$62.00.

Payment can be made by cheque payable to DSAO.

Send cheque and registration to: Down Syndrome Association of Ontario, c/o 1621 Applewood Crescent, Peterborough, Ontario K9K 1N3.

If you have any questions, please call 705-875-0606. Email registration forms to reiddsap@gmail.com.

Parent #1 - \$100.00 _____

Parent #2 - \$75.00 _____

Total Amount Due \$ _____